



Team-Development Program

100+ people (20 mins)

1. [Clumps](#) – fun, energetic mixer that blends well with [Paired Shares](#)
2. [Circle The Circle](#) – simple initiative which develops effective team skills
3. [One Minute Debrief](#) – quick, unstructured method to review the learnings from session

Props – 1 x hula hoop per small group, stop watch

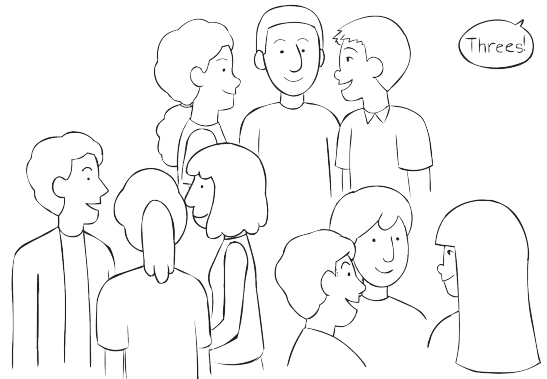
Step-by-step instructions for each of these activities are provided below.
To view video tutorials, practical leadership tips & popular variations, click the links above.

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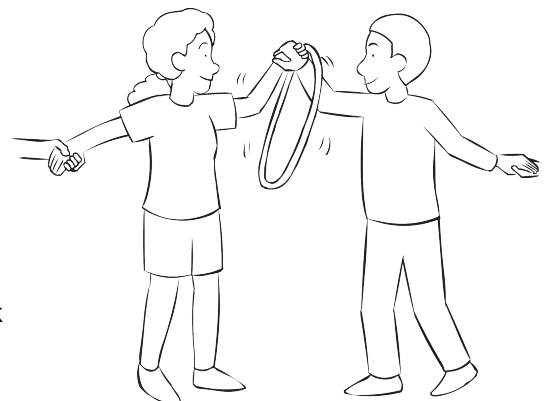
1. Clumps (5 mins)

1. Assemble your group in front of you.
2. Explain that everyone will soon be invited to form a series of smaller groups.
3. Each group will comprise a defined number of people matching the number you announce.
4. For example, if you announce "SIX," everyone must form small groups of six people, including themselves.
5. Loudly announce the first number.
6. Encourage people to locate or form their groups quickly.
7. Upon gathering, consider asking the group to complete a task or respond to a question you pose, such as those described in [Paired Shares](#).
8. Repeat, by continuing to announce a series of numbers.



2. Circle The Circle (14 mins)

1. Divide your group into several smaller groups of approx 15 to 25 people.
2. Ask each group to form a circle by holding their partner's hands, facing in.
3. Invite two people in each group to temporarily break



their hold and then re-clasp as they place their arms inside a hula-hoop.

4. Instruct each group to pass the hula-hoop around the circle (in any direction) without using their hands or fingers to assist the passing, in the fastest possible time.
5. In turn, record the time it takes each group to pass the hula hoop around the circle.
6. If time allows, record a second attempt for each group.

3. One-Minute Debrief (1 min)

1. Assemble your group in front of you, or in a circle.
2. Explain that you plan to ask only one (or two) questions, and the group will have a maximum of 60 seconds to respond.
3. Ask your question, and monitor the time.
4. Observe the general gist of the comments made by your group.

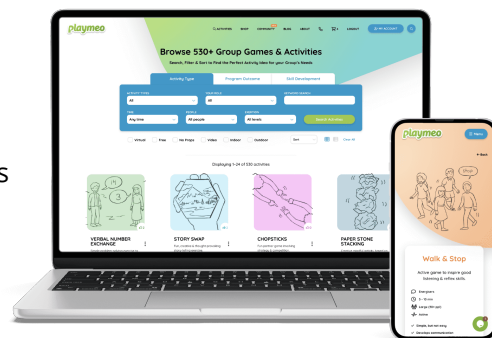


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