

**T**

2 x  
JUMP  
UPS

**H**

2 x  
LEFT FIST  
PUMPS

**E**

2 x  
THIGH  
SLAPS

**R**

2 x  
BOB UP  
& DOWNS

**E**

2 x  
THIGH  
SLAPS

**I**

2 x  
BODY  
TWISTS

**S**

3 x  
BOTH FISTS  
PUMP

**N**

1 x  
"WOO"

**O**

2 x  
"YEEHAA"

**I**

2 x  
BODY  
TWISTS

**I**

2 x  
BODY  
TWISTS

**N**

1 x  
"WOO"

**T**

2 x  
JUMP  
UPS

**E**

2 x  
THIGH  
SLAPS

**A**

2 x  
CLAPS

**M**

3 x  
CLAPS